

# Packing guide

## TRAVEL TIPS:

### BEFORE YOU GO...

- Invest in a lightweight suitcase. Everything else is just bells and whistles, but luggage that is light means that it's not taking up as much of your weight allowance.
- Suitcases are amazing storage vessels when you're not using them. I keep all my travel-related things (adapters, makeup bags, packing cubes) stored inside when I'm at home, so that everything I need for a trip is in one place.
- Keep all your travel miniatures that you accumulate in one place, so they are easy to find when you're packing.
- Know your itinerary? Fab. Pack outfits for each occasion, rolling all the items in one roll so it's easy to find when you need it.
- The whole 'roll don't fold' thing - yeah, it's not a myth. It's saves on space and if you're diligent with your rolling and depending on the fabric, it can keep your clothing crease-free.
- As with your adapters and packing cubes, k Always pack a couple of tote bags. They are great for any washing, shoes, or shopping that you do while you're at your destination. Always handy for any hand-luggage overspill too.

### WHEN YOU'RE ABOUT TO RETURN...

- Repack your belongings in a semi-orderly fashion because unpacking is officially the worst – make life easier for yourself. At the very least group together all your washing in one tote bag.
- Want to go one step further? Pack your light washing in one tote bag, dark washing in another and any hand wash or dry clean-only items in a third. Future you will LOVE present you.
- Always do a final sweep of the room; double-checking under the bed, the plug sockets for any chargers and in the wardrobe for anything you've left behind.
- Upon your return refill your now-empty travel miniatures, so they are ready to go for next time.

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# Short haul/hand luggage only packing list

A list for short journeys and trips that span from overnight to four days.

## ITEMS FOR SEPARATE BAG (OR MAKE SURE THEY ARE EASY TO REACH IN YOUR CASE)

- Passport
- Purse
- Mobile Phone
- Headphones
- House Keys
- Laptop/iPad
- Travel Documents
- Pills/Medication
- Books/Magazines/Entertainment downloaded onto your devices
- Valuable Items

## TOILETRY BAG

- Cotton Wool/Cotton Buds/Flannel
- Toothbrush & Toothpaste
- Hair Brush & Hair Bands
- Razor
- Makeup Remover
- Serum
- Evening moisturiser/facial oil
- Foundation/Tinted moisturiser
- Blush/Bronzer/Highlighter Palette
- Brow Pencil
- Lip Products
- Hair Styling Products
- Tweezers, Nail Scissors & Ear Plugs
- Shampoo & Conditioner
- Shower Gel
- Deodorant & Perfume
- Cleanser
- Daily moisturiser with SPF
- Makeup Brushes & Tools
- Concealer
- Eyeshadow & Eye Liner
- Mascara
- Tampons

(Buy Body SPF and Insect Repellent for your group after security if needed)

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## CLOTHING

- Pants/Socks/Bras (x nights you're away for +1)
- PJ's (1 set)
- Trousers (x2)
- Skirts/Dresses (x1-2)
- Tops (x nights you're away for +1)
- Day Bag/Evening Bag (1 day, 1 night)
- Jacket or coat (x1)
- Shoes (1 day, 1 night)
- Weather appropriate accessories: swimsuit for warmer climates or gloves, hat and thermals for colder
- Clothing for any planned activities: hiking boots etc.

## ELECTRONICS

- Phone Charger/External Battery Charger
- Laptop/Laptop Charger
- Any hairstyling tools
- Travel Adapters

## EXTRA THINGS

- Sunglasses/Umbrella depending on weather
- Water Bottle
- Tote Bags
- Camera if you use one

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# Long haul / checked baggage packing list

A list for long journeys and trips that span upwards of five days.

## HAND LUGGAGE

### HAND LUGGAGE BAG

- Passport
- Purse
- Mobile Phone
- Headphones
- House Keys
- Pills/Medication
- Neck Pillow/Eye Mask
- Spare pair of pants
- Laptop/iPad
- Travel Documents
- Mobile Battery Charger
- Books/Magazines/Entertainment downloaded onto your devices
- Extra Layer of Clothing
- Valuable Items
- Ear Plugs

### TOILETRY BAG (ADD TO YOUR HAND LUGGAGE BAG)

- Toothbrush & Toothpaste
- Hand Gel
- Lip Balm
- Tissues
- Multi-Tasking Moisturiser
- Deodorant

## CHECKED LUGGAGE

### CLOTHING

- Pants/Socks/Bras (x nights you're away for +2)
- Trousers (x3-4)
- PJ's (1 pair for every 3 nights you're away for)
- Skirts/Dresses (x3-4)

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- Tops (x nights you're away for +2)
- Jacket or coat  
(1 for the day, 1 for the evening)
- Weather appropriate accessories:  
swimsuit for warmer climates or  
gloves, hat and thermals for colder
- Fresh outfit for the flight home
- Day Bag/Evening Bag
- Shoes (x2 options for day,  
x2 options for evening)
- Clothing for any planned activities:  
hiking boots etc.

## **ELECTRONICS**

- Phone Charger/External  
Battery Charger
- Any hairstyling tools
- Laptop/Laptop Charger
- Travel Adapter

## **TOILETRY BAG**

- Cotton Wool/Cotton Buds/Flannel
- Hair Brush/Hair Bands
- Razor
- Makeup Remover
- Cleanser Body
- Serum
- Moisturiser with SPF
- Moisturiser/Face Oil for Evening
- Tweezers & Nail Scissors
- Shampoo & Conditioner
- Shower Gel
- Deodorant & Perfume
- SPF & Insect Repellent  
(if weather-appropriate)
- Tampons
- Body Oil & Tanning Products  
(if weather-appropriate)
- Hair Styling Products

## **MAKEUP**

- Brushes & Tools
- Eyelash Curler
- Concealer
- Eyebrow Product
- Mascara
- Beauty Blender
- Foundation
- Blush/Bronzer/Highlighter
- Eyeshadow & Liner
- Lipstick/Lipgloss

## **EXTRA THINGS**

- Water Bottle
- Camera
- Tote Bags
- Sunglasses/Umbrella depending  
on weather

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